

Protective Health Measures to Keep Everyone Safe

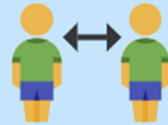
Please follow the following procedures to safely work out at Beast River Fitness.

We're glad to have you back!



Wear a mask that covers your nose and face.

Gaiters, bandannas, and buffs are not acceptable.



Maintain 6' social distancing at all times.



Register in advance for your platform and sign-in when you arrive at the gym.



Clean all equipment you used after working out.

6

6 athlete capacity in gym to comply with 33% reduction in capacity.



45 min time cap to prevent overcrowding and to allow time for cleaning.



Complete a brief health screening with a coach every time you visit the gym.



Stay at home if you feel sick.

Indoor fitness classes are currently prohibited by New York City.



We are currently offering open gym, outdoor WODs, and personal training until we can resume normal operations.

E-mail team@BeastRiver.com with any questions.